27 August 2009

Important Dates:

- August 27: Motivational Media workshops
- August 27: VCE / VCAL / VET Year 11 (2010) Information Evening (Arts Centre 7 pm)
- September 3: Year 10 (2010) Information Evening (Arts Centre 7 pm)
- September 8—10: Year 10 —> Year 11 Course Counselling
- September 10: VCE Formal
- September 17: Parent—Teacher Interviews (4-7pm) Dudley Campus
- September 18: Last day of Term 3 (2.30pm finish)

27 August 2009

Campus Principal - Darren Parker

SENIOR GIRLS FOOTBALL – STATE CHAMPIONS

Congratulations to our Senior Girls Football team who recently claimed the title of State Champions when they defeated Mount Clear Secondary College by 10 goals. This is a terrific achievement for the team and coach Rob Aitken. A report is included in this newsletter. Well done girls – an outstanding effort!

MAKE-A-WISH FOUNDATION

Our recent out-of-uniform day raised over $400 for the Make-A-Wish Foundation. Thanks to the SRC for coordinating the day. Don't forget that the SRC also encourages students and their families to recycle their old mobile phones (there is a box located in the foyer for old phones to be placed).

PARENT/TEACHER INTERVIEWS AND INTERIM REPORTS

Staff are currently completing Term 3 Interim Reports for all students. The completed reports will be posted out with appointment sheets for the upcoming parent-teacher interviews (to be held between 4:15pm and 7:00pm on Thursday September 20th, at the Dudley Campus). Both the report and the interviews provide valuable opportunities for feedback about students. Please contact the school should you have any concerns during the process.

UNFORM

The recent cold weather has seen students scrambling for warm clothing but families are reminded that non-uniform items are not permitted (this includes "hoodies" often worn under uniform items). We obviously do not want students to be cold and the new WSC jackets introduced this year provide the ideal solution. They are available to purchase from the office ($50).

COURSE COUNSELLING

It is that time of the year when students need to commence selecting subjects for their 2010 course. I encourage students to seek advice from teachers, parents, carers and to pay close attention in their course counselling sessions. The year level coordinators and other staff will be working with students during school hours but there are also two important information evenings coming up.

2010 COURSE INFORMATION EVENINGS

THURSDAY AUGUST 27TH 2009
YEAR 10 (2009) → YEAR 11 (2010)
VCE/VCAL/VET INFORMATION

THURSDAY SEPTEMBER 3RD
YEAR 9 (2009) → YEAR 10 (2010)
YEAR 10 COURSE INFORMATION

Both sessions are held at the Wonthaggi Arts Centre and commence at 7:00pm.

CONGRATULATIONS REBECCA ALLAN

Year 10 student Rebecca Allan has been selected to represent Victoria in lawn bowling at the Under 18 National Championships.
The event will take place in Sydney in September.
Rebecca has been playing for three years and locally she represents Philip Island. Good luck in Sydney Rebecca!

A Reminder....

At the end of Term 1, each student was sent a Medical Information form to complete. It is necessary for ALL STUDENTS to have completed this new form, regardless of whether the information has changed or not. Students with no relevant medical history must still return the signed form.

If you need further copies of the form or require additional forms please contact Jo Loois at the McBride campus on 56713700

SENIOR GIRLS FOOTBALL—STATE CHAMPIONS

On Tuesday the 18th of August, the girls of the WSC Girls Football team along with Mr. Aitken ("Aitko") and Mr. Hooper traveled to Royal Park to compete in the State Grand Final.

On first impressions, the team mentality was "we're going to get smashed by a pack of men", as they were quite intimidating with their almost professional warm-up, compared to our bunch who had not trained once. However, it was in fact our girls who came out on top to win by an impressive 60 points.

The game got off to a clean and well played quarter, by both WSC and Mt Clear. Kelly O'Neill dominated throughout the ruck, managing to win every tap and to set up for Jess McRae who was crucial in the centre. The first two goals were kicked by Emma Main who was down at full forward and was helped by Winnie Cuthbertson who kicked an outstanding 7 goals, 5 of which were all in the second quarter, to help her win the medal of Best on Ground. All of the girls in for forward line contributed in their own way to get to where they are now; and should be congratulated on their outstanding effort. Maddy Butler, Shakira Carver-Moore, Alice Young and Clarissa Toohey all proved themselves in their positions on the day and ran hard towards the ball to ensure it got into our 50m.
WSC's backline that consisted of an unstoppable Claire Atherton, who took some spectacular marks on the day, was followed by the brave tackling that was done by Shai Egeberg, Brooke Cleeland and Kara Landells to ensure that Mt Clear wasn't able to score. The girls were successful as Mt Clear did not score until the third quarter.
In the third quarter, a brave Bec Slavin was knocked hard in the face which saw her bleeding from the nose and laying on the ground in a spot of bother, which saw Charlotte Bolding on to take her position.
By the last quarter the Girls motivation still came from the proposition made by Aitko to shave his beard, something he had not done since 1982, if they got up for the win.
At this point the damage had already been done and Wonthaggi managed to pile on a few more points to eventually run out 60 point winters and State Champions.

A special mention goes out to Aitko's parents who made the journey to come and watch and provide the girls with extra support. Also to be mentioned is Ange Marotta, Katie McCallum and Madisynne Everitt-Jones who all played well at Centre Half Bench for the entire game.

All the girls should be extremely proud for their efforts on the day . All deserved the medal of State Champions. Well done Girls!

By Maisie, Marni and Mitch

PHOTOS: GIRLS FOOTBALL—STATE CHAMPIONS!

Intermediate Football – State Semi Finals (Round Robin)
Wednesday August 12th at Casey Fields

The Wonthaggi SC Intermediate football team ventured to Casey Fields to compete in the State football semi finals. The squad for the three games was made up of eleven year 9 boys and 16 year 10s. Team captain Sam Docherty was missing due to the year 10 Ski camp, as were Alex Durand, Tom Cole and Lachie Connell.

The first game was against Wangaratta and was a close game with less than a kick in it the whole way. Wonthaggi led for most of the game but Wangaratta got their nose in front near the end and finished with a one point win.

Box Hill Senior Secondary College was the second game. They are an AFL Academy school, coached by ex-Hawk Daniel Hartford, and all of their team were year ten boys. The Wonthaggi boys put up a good battle and, although Box Hill had most of the play, the Wonthaggi defence made scoring difficult. Half way through the second quarter Wonthaggi levelled the score but three late goals to Box Hill blew the game open. Box Hill could only manage one goal in each of the last two quarters but they held Wonthaggi goalless to record a 35 point win.

The seemingly invincible Hallam College were opponents for the third game. Hallam is also an AFL Academy school, linked to the Dandenong Stingrays, and most of their players looked like senior footballers. Hallam's strength saw them race to a big lead, kicking 4 goals 5 to nil in the first quarter. Wonthaggi put on more defensive pressure in the second quarter but were not able to get the ball forward. Wonthaggi took a different approach in the second half, working at small victories and playing with a more relaxed attitude. Hallam was thrown off its game and Wonthaggi was able to attack, but could not get any goals on the board. Hallam was held to two goals in each of the last two quarters.

Dylan Holland was Wonthaggi's best player, working hard as first rover all over the ground. Ben Hamilton, playing in the ruck and at centre half back was tireless and won plenty of the ball. Sam Kuyper and Blake Rigby were able to step up and fill holes left by Docherty and Durand. They worked hard against bigger opposition all day. Matt Sullivan was strong at full back keeping cool under pressure and had a few successful stints in the ruck. Tom Davey went in hard in stints in both the back line and as a forward. Nathan Milton was the stand out player in the first game but went off late in the game with a badly corked thigh.

Special thanks must go to Carol Evans who came along to both the State Semis and the Gippsland Finals and attended our players as a trainer. Toby Beckerleg, unable to play with an injury, shivered all day as our goal umpire. John Matthews and Nicole Rigby generously supplied oranges and lollies in the breaks. Heather Sullivan worked as the Team Manager, took some great photos and also supplied lollies for the boys. Thankyou to all of you for your great support and to all of the parents who turned up to support our team.

Results
Game 1: *Wonthaggi SC 4.5.29 lt Wangaratta SC 4.6.30*
Game 2: *Wonthaggi SC 2.2.14 lt Box Hill SSC 7.7.49*
Game 3: *Wonthaggi SC 0.3.3 lt Hallam 11.12.78*

Glenn Sullivan—Coach

Important Asthma Information for Teenagers

Whilst parents and family are there to help, teenagers should be aware that they too can successfully and responsibly manage their own asthma. Here are some tips to help teenagers to manage their asthma:

1. Remind them to always carry a blue reliever puffer with them and use when asthma symptoms occur.
2. Encourage them to let their friends know about their asthma and what to do in an emergency.
3. Remind them that having asthma doesn't make them different from others.
4. Understand what their asthma triggers are and avoid exposure where possible.
5. To use their doctor recommended medication before exercise, so they can participate in all sporting activities.
6. To avoid smoking and smoky areas.
7. To work with their doctor to prepare a written asthma action plan and have it reviewed at least annually or more often if they have severe asthma.
8. Include them in all discussions and decision making about the management and monitoring of their asthma.
9. Remind them to continue to take their preventer medications.
10. If they are reluctant to take their medication encourage them to monitor their asthma with a peak flow meter.

To obtain a copy of the 'Asthma: take control; great tips for teenagers' brochure or for more information contact the **Asthma Foundation of Victoria** on **1800 645 130** or visit **www.asthma.org.au**

Department of Education and Early Childhood Development

Wonthaggi SC
McBride Campus
PO Box 119
Wonthaggi
3995

Contact us:

Phone: (03) 56713 700

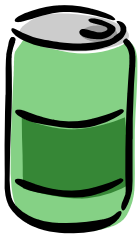
Fax: (03) 5672 1578

E-mail:
wonthaggi.sc@edumail.vic.gov.au

A Complete Education In A Caring Environment.

STUDENT WELFARE

Health Issues



We are seriously concerned about the quantity of "Energy Drinks and Juices" being consumed by students at McBride. Perhaps you as parents are too. This issue is currently being reported in the media, because health professionals are also expressing concern.

The main issue is the amount of caffeine contained in these drinks. Caffeine is a drug. It affects they way our bodies behave. Olympic athletes are tested for caffeine and a few have been disqualified because of caffeine in their system.

Students who drink these drinks before or during school impair their ability to concentrate in classes, raise their heart rate and experience other adverse health reactions. While we have told students not to go to the local supermarkets before school to buy these drinks, some students are still doing so. Some students may be bringing them directly from home. Please talk to your child or children about this issue and encourage them to "think before they drink". **Sue Canders—Student Welfare Coordinator**

COMMUNITY NOTICE

Need a good laugh?

Why not come along to the South Coast Comedy night on Saturday 19th September at the Wonthaggi Workmans Club.
Great Comedians will be performing on the night.
Tickets are $35 per head (covers show and light supper).
Tables seat 10, so why not get a group of friends or work colleagues together.
Tickets available for sale at Dudley or McBride office.
Bookings are essential (pre sale only, no sales on the night) so get in early to

COMMUNITY NOTICE

Inverloch Tennis Club

SATURDAY JUNIOR TENNIS
TEAM SELECTIONS & REGISTRATION
For competition commencing 10th October 2009

Where: Inverloch Tennis Club (Pier Rd, Inverloch)
When: Saturday 29th Aug., 3.30-4.30 pm
Monday 31st Aug., 4.30-6.30 pm*
** = coaching participants can just register details*

It is important to attend one of the registration days to enable grading of individuals and accurate recording of personal details. However, if you can't make it on the above days and still want to play or would like more information, please contact Janine Thomas on: 0418989031 or email janinehugh@bigpond.com